

A Guide to Selecting Occlusal Splints



	DPS Durasplint	Acrylic Splint	Anterior Bite Opener	Proform Niteguard	Athletic Mouthguard
Material	Thermoplastic	Acrylic	Thermoplastic or acrylic	Solid polymer	Solid polymer
Indication	Bruxism Grinding	Bruxism Grinding	TMJ issues	Bruxism Grinding	Protection
Product Features	Self adjusts after heating (30 seconds) MMA and Amine free	Hardest material available Tinting available	Discludes all posteriors Can reduce clenching intensity up to 70%	N/A	Football strap available
Design Options	Flat plane or centric Cuspid rise Anterior guidance	Flat plane or centric Cuspid rise Anterior guidance	Full arch Lateral to lateral Cuspid to cuspid	N/A	Single color Dual color
Models Needed	Upper and lower	Upper and lower	Upper and lower	Single arch	Single arch
Bite Needed	Yes	Yes	Yes, plus maximum protrusive measurement in mm	No	No
Adjustment	Acrylic bur	Acrylic bur	Acrylic bur	Blade	Blade
Patient Care	Mild soap and water Dry storage	Mild soap and water Dry storage	Mild soap and water Dry storage	Mild soap and water Dry storage	Mild soap and water Dry storage
Turnaround Time	3 Days	3 Days	3 Days	2 Days	2 Days

ADA Codes:

Occlusal Bite Guard D9940

Occlusal Orthotic Device D7880

Athletic Mouthguard D9941

Repair and/or Reline of Occlusal Guard D9942



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